

Bachelor of Science in Psychology and Human Services (BSPHS)

The Bachelor of Science in Psychology and Human Services (BSPHS) equips students with the knowledge, skills, and experience they need for working in social agencies, churches, and other settings, as well as preparing students to enter graduate programs in psychology, counseling, and social work. This curriculum will engage a course of study that focuses on psychological theories and research about human behavior and psychological processes with an emphasis on developing and implementing skills for helping individuals and families face the challenges of our present society.

Requirements for the BSPHS Degree

✓ Degree Component

- Completion of the Bachelor General Education Core (59 credits)
- MT 122, PY 201 and SC 204 are required in the Gen-Ed
- Completion of the General Education Competencies
- Completion of the BSPHS prerequisites
- Completion of the BSPHS Courses (42 credits)
- Completion of the bachelor of science electives (12 credits)
- Completion of required electives (~15 credits)
- Completion of the ACAT exam
- Completion of 120 credit hours (two terms and 32 credit hours must be completed at Montreat College)

BSPHS Prerequisite Courses

Most 300+ level Psychology (and PY) classes require a prerequisite of introductory psychology, which must be met by successful completion of one of the following (minimum grade of C):

- PY 201 Psychology Applied to Modern Life
- PY 202 General Psychology
- Equivalent introductory psychology course from a regionally accredited college or university (official transcript showing proof must be submitted to the Registrar's Office)

12 Bachelor of Science Credits

Students pursuing a Bachelor of Science degree must complete an additional 12 hours beyond the General Education Core and major requirements in mathematics, science, business, computer, or other designated coursework as listed in the degree requirements for each program of study. This coursework

may not be applied to the General Education Core, the major, or any major concentration requirements.

If students take a full-time load each term, they could complete this program in four years.

Bachelor of Science in Psychology and Human Services Courses

Course	Title	Hrs.
IS 310	Pre-Internship	3
PY 300	Child and Adolescent Development	3
PY 305	Adult Development and Aging	3
PY 310	Research Methods	3
PY 314	Personality	3
PY 315	Abnormal Psychology	3
PY 320	Social Psychology	3
PY 412	Theories and Principles of Counseling	3
PY 416	Learning and Memory	3
PY 441	Internship	3
PY 490	Senior Seminar	3
SC 205	Marriage and Family	3
SC 311	Social Welfare and Social Services	3
SC 414	Counseling Adolescents and Families	3
TOTAL		42

Interdisciplinary Studies (IS)

IS 310S Pre-Internship

The purpose of this course is to prepare students for the practicum/ internship experience. Topics included are internship selection, making the most of the internship, resume building, and facing internship challenges. (3 credits, 5 weeks)

Psychology (PY)

PY 201S Psychology Applied to Modern Life

This course offers majors and non-majors an opportunity to apply knowledge from psychology to practical problems. It provides students with an overview of the theory and research in psychology that is related to the demands and challenges of everyday life. Students examine issues that affect their own adjustment to modern life. The following topics will be addressed: stress, physical health, love relationships, gender, communications, self, personality, work, and development. *Students who earn credit for PY 201 may not earn credit for PY 202. Social science credit.* (3 credits, 5 weeks)

PY 202P General Psychology

This course is a basic survey of the discipline of psychology: the science of behavior and mental processes. We will examine the physiological, intellectual, emotional, and social aspects of human behavior and look at the applications of psychological theory and

research to daily living. *Students who earn credit for PY 202 may not earn credit for PY 201. Social science credit.* (3 credits, 5 weeks)

PY 300S Child and Adolescent Development

An overview of the physiological, cognitive, psychosocial, and spiritual aspects of development from conception through age 18. *Prerequisite: PY 201S or PY 202P and a minimum of sophomore standing.* (3 credits, 5 weeks)

PY 305S Adult Development and Aging

An overview of the physical, cognitive, social, spiritual, and emotional aspects of adult development. *Pre-requisites: PY 201S or PY 202P and a minimum of sophomore standing.* (3 credits, 5 weeks)

PY 310S Research Methods

This course is designed for upper level undergraduate students majoring in human services and psychological studies. The course will provide an introduction to research methodology and a basic framework to evaluate critically social and behavioral science research. You will be exposed to and tested on the major concepts and methods for generating hypotheses and designing a multi-measure study. This course should enable you to evaluate more critically the claims of "experts" in the popular press as well as in the scientific literature. It will also serve as preparation for graduate-level research. *Pre-requisite: PY 201S or PY 202P.* (3 credits, 5 weeks)

PY 314S Personality

Basic principles of personality structure, dynamics, development, assessment, and theory are discussed. Consideration is given to both the environmental and biological determinants of personality. *Pre-requisite: PY 201S or PY 202P.* (3 credits, 5 weeks)

PY 315S Abnormal Psychology

A survey of the current categories of abnormal behavior emphasizing symptoms, major theories of causality, and current treatment methods. *Pre-requisite: PY 201S or PY 202P.* (3 credits, 5 weeks)

PY 320S Social Psychology

The study of the behaviors and thoughts of individuals as influenced by actual or perceived social factors and other individuals. *Pre-requisites: PY 201S or PY 202P.* (3 credits, 5 weeks)

PY 412S Theories and Principles of Counseling

An examination of several of the major theories of counseling in working with individuals, families, and small groups. Included are principles and techniques utilized in assessment, crisis intervention, contracts, and development of the therapeutic relationship. A skills component is also included. *Pre-requisite: PY 201S or PY 202P.* (3 credits, 5 weeks)

PY 416 Learning and Memory

This course provides a basic overview of the principles, theories and applications of learning and memory. We will cover basic research, theory and applications in human learning, memory, information processing, verbal learning, conditioning and social learning. The knowledge you take away from this course will be useful to you in a wide variety of settings- not only psychology but also in your own personal and professional worlds. *Prerequisite: PY 201S or PY 202P.* (3 credits, 5 weeks)

PY 441S Internship

Supervised internship provides the student with the opportunity to integrate classroom instruction with practical on-the-job learning in various areas of psychology related fields. *Pre-requisites: IS 310S and all other major courses besides PY 490S.* (3 credits, 10 weeks)

PY 490S Senior Seminar

Examines the themes of authenticity, self-actualization, and the application of psychological theory in order to explore major Christian worldview questions (what is

success in life, how do I become more Christ like, etc.). *Pre-requisite: All other major courses.* (3 credits, 5 weeks)

Sociology (SC)

SC 204S Introduction to Sociology

This course deals with the general nature and principles of sociology. Special attention is given to the ecological, cultural, and psychosocial forces; and to outstanding social groups; to changing personality under the influences that play upon it through group processes. *Social science credit.* (3 credits, 5 weeks)

SC 205S Marriage and Family

This course is a study of relationships with the opposite sex from first meeting through marriage, having and rearing a family, and divorce and remarriage. Current American norms and Christian principles for marriage and family life are examined. *Social science credit.* (3 credits, 5 weeks)

SC 311S Social Welfare and Social Services

This course is a survey of the history and philosophy of social welfare and the values and practice of social services as a profession. *Social science credit.* (3 credits, 5 weeks)

SC 414S Counseling Adolescents and Families

This course examines several of the major theories of counseling families. Working with adolescents within the context of their families will be given special consideration. The skills of counseling adolescents and families will also be emphasized. *Pre-requisite: PY 201S or PY 202P.* (3 credits, 5 weeks)