Mission of the Counseling Program
The mission of the Counseling Program is to train candidates in the fundamentals of human development, human behavior, and counseling within the context of both a secular and Christian worldview and to guide them in developing a personal philosophy of counseling and professional practice in a variety of settings. The counseling program provides a forum for candidates to engage in reflective practice as professionals and to become life-long learners, active global citizens, and advocates for social justice.

The Clinical Mental Health Counseling degree program at Montreat College is based on the 2009 CACREP Standards.

A total of 60 semester hours are required to include the following:

- Completion of a minimum of 51 credit hours of graduate work at Montreat College (up to 9 credit hours may be transferred from a regionally accredited institution)
- A cumulative grade point average of 3.0
- If at any time a student receives a grade below a B-, the student must retake that course. All graduate-level courses must be passed with a minimum grade of B-.
- If at any time a student receives a grade below a B-, the student must meet with his/her program director and/or advisor.
- Completion of graduate course work within five years of the date of admission into the MACMHC program
- Successful completion of clinical counseling internship hours
- Successfully passing the Counselor Preparation Comprehensive Exam (CPCE) prior to enrolling in CN 675
- Payment of all tuition and fees
- Approval of the faculty

If students take a full-time load each term, they should complete this program in 3.5 years or 10 terms.
### Master of Arts in Clinical Mental Health Counseling Courses

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<thead>
<tr>
<th>Course</th>
<th>Title</th>
<th>Credit Hours</th>
<th>Weeks</th>
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<tbody>
<tr>
<td>CN 600</td>
<td>Professional Orientation to Counseling</td>
<td>3</td>
<td>8</td>
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<tr>
<td>CN 605</td>
<td>Ethics and Ethical Practice in Counseling</td>
<td>3</td>
<td>8</td>
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<tr>
<td>CN 610</td>
<td>Theories and Techniques in Counseling</td>
<td>3</td>
<td>8</td>
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<tr>
<td>CN 615</td>
<td>Counseling Skills</td>
<td>3</td>
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<td>CN 620</td>
<td>Spirituality and Religion in Counseling</td>
<td>3</td>
<td>8</td>
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<td>CN 625</td>
<td>Counseling Across the Lifespan</td>
<td>3</td>
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<td>CN 630</td>
<td>Multicultural Counseling</td>
<td>3</td>
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<tr>
<td>CN 635</td>
<td>Mental Health Diagnosis and Treatment</td>
<td>3</td>
<td>8</td>
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<tr>
<td>CN 640</td>
<td>Career Counseling</td>
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<td>CN 645</td>
<td>Assessment in Counseling</td>
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<td>CN 650</td>
<td>Group Counseling</td>
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<td>CN 655</td>
<td>Research Methods in Counseling</td>
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<td>CN 660</td>
<td>Crisis Intervention/Crisis Counseling</td>
<td>3</td>
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<td>CN 665</td>
<td>Substance Abuse Counseling</td>
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<td>CN 670</td>
<td>Gender Issues in Counseling</td>
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<tr>
<td>CN 675</td>
<td>Counseling Practicum</td>
<td>3</td>
<td>10</td>
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<tr>
<td>CN 680</td>
<td>Counseling Internship I</td>
<td>6</td>
<td>14</td>
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<tr>
<td>CN 685</td>
<td>Counseling Internship II</td>
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<td>TOTAL</td>
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<td>60</td>
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CN 600  PROFESSIONAL ORIENTATION TO COUNSELING
This course will be an introductory exploration of the history of counseling as a profession as well as current trends in the practice of clinical mental health counseling. Students will begin to explore the various settings in which counseling can take place and the specialties within the profession, in addition to professional counseling licensure and credentialing. Additional topics covered in this course in an introductory way include counselor self-care, consultation, professional counseling organizations, advocacy, ethics, and multicultural competency. (3 credit, 8 weeks)

CN 605  ETHICS AND ETHICAL PRACTICE IN COUNSELING
This course will examine ethical standards and ethical decision making for the practice of counseling. Applicable codes of ethics will be examined and case studies will be used to challenge students to think critically about ethics and ethical decision making. Ethical issues in individual, group, family, and couples counseling will be covered, as well as multicultural considerations. The course will also address confidentiality, informed consent, boundaries, multiple relationships, supervision, and consultation within an ethical framework. (3 credits, 8 weeks)

CN 610  THEORIES & TECHNIQUES IN COUNSELING
This course will provide an overview of counseling theories and related techniques including psychoanalytic, gestalt, behavioral, cognitive, reality, existential, Adlerian, family systems, feminist, and postmodern therapies. Students will have the opportunity to role play and demonstrate beginning skills for counseling through videotaped role play sessions with classmates. (3 credits, 8 weeks)

CN 615  COUNSELING SKILLS
This course will provide students an opportunity to continue to develop counseling microskills as well as foundational skills in interviewing in the helping professions. Students will videotape role-played sessions and participate in peer review as well as review with course instructor. (3 credits, 8 weeks)

CN 620  SPIRITUALITY & RELIGION IN COUNSELING
This course will examine the role of spirituality and religious beliefs in the counseling relationship and process. Students will explore how different religious traditions that clients may participate in could influence the counseling process as well as examine their own religious and spiritual foundations for their counseling theory and practice. Ethical standards will be discussed. (3 credits, 8 weeks)

CN 625  COUNSELING ACROSS THE LIFESPAN
This course will provide an overview of human development across the lifespan, from birth until death and explore critical considerations for counseling individuals across these stages of development. (3 credits, 8 weeks)

CN 630  MULTICULTURAL COUNSELING
This course will provide students an opportunity to begin to develop skills for multicultural competency when providing counseling services to clients of diverse backgrounds. Multicultural competencies will be reviewed and students will explore their own identity as a cultural being. (3 credits, 8 weeks)

CN 635  MENTAL HEALTH DIAGNOSIS AND TREATMENT
This course will provide students an overview of clinical diagnoses according to the current Diagnostic Statistical Manual (DSM V). Diagnosis criteria will be reviewed and current best practice treatment options will be reviewed. Case studies will be utilized to provide students opportunities to practice diagnostic skills. Treatment planning in counseling will also be discussed (3 credits, 8 weeks)

CN 640  CAREER COUNSELING
This course will provide an introductory exploration of career development across the lifespan, career counseling theories, assessments relevant to career counseling, and occupational information sources. The course will allow students opportunity to role play, consider case studies, and create a career intervention for a chosen population. (3 credits, 8 weeks)

CN 645  ASSESSMENT IN COUNSELING
This course will provide an overview of assessment methods and tools used in counseling, including intakes as well as standardized assessments. Ethical standards for the use of assessments in counseling will be reviewed. Students will experience taking an assessment as well as provide a critical review of assessments. (3 credits, 8 weeks)

CN 650  GROUP COUNSELING
This course will provide an overview of theory and principles of effective group work, provide students an opportunity to develop skills in using group techniques, and plan activities for groups. Students will participate in a group experience during this course. Ethical standards for group counseling will be reviewed. (3 credits, 8 weeks)

CN 655  RESEARCH METHODS IN COUNSELING
This course will provide an overview of qualitative and quantitative research methodology and techniques and discuss the role of research in counseling. Ethical standards for conducting research will be discussed. Students will develop the ability to read and critically evaluate counseling literature as well as develop a research prospectus. (3 credits, 8 weeks)
CN 660  CRISIS INTERVENTION/CRISIS COUNSELING
This course will provide students with an overview of counseling skills for working in crisis and trauma situations as well as crisis intervention theory. Students will review case studies and create a crisis resource for a client population or counseling setting of interest. (3 credits, 8 weeks)

CN 665  SUBSTANCE ABUSE COUNSELING
This course will provide an overview of the nature of substance use, abuse, and dependency. Education, prevention, treatment, and recovery will be addressed. (3 credits, 8 weeks)

CN 670  GENDER ISSUES IN COUNSELING
This course will examine the impact of gender on the counseling relationship as well as how gender dynamics can impact the counseling process. (3 credits, 8 weeks)

CN 675  COUNSELING PRACTICUM
This is an experiential course and requires students to complete a minimum of 100 hours of clinical counseling practice, under supervision, at an approved site. Students will provide counseling services as well as continue to learn skills in intake, assessment, counseling, and consultation. Students will participate in weekly individual as well as group supervision. Pre-requisites: Permission of program director. (3 credits, 10 weeks)

CN 680  COUNSELING INTERNSHIP I
This is an experiential course and requires students to complete a minimum of 300 hours of clinical counseling practice, under supervision, at an approved site. Students will provide counseling services as well as continue to learn skills in intake, assessment, counseling, and consultation. Students will also begin to complete paperwork required for licensure as an LPC-A (Licensed Professional Counselor Associate) in NC. Students will participate in weekly individual supervision as well as group supervision. Pre-requisites: CN 675; permission of program director. (6 credits, 14 weeks)

CN 685  COUNSELING INTERNSHIP II
This is an experiential course and requires students to complete a minimum of 300 hours of clinical counseling practice, under supervision, at an approved site. Students will provide counseling services as well as continue to learn skills in intake, assessment, counseling, and consultation. Students will also begin to complete paperwork required for licensure as an LPC-A (Licensed Professional Counselor Associate) in NC. Students will participate in weekly individual supervision as well as group supervision. Pre-requisites: CN 680; permission of program director. (6 credits, 14 weeks)

CN 690  COUNSELING INTERNSHIP III
Repeatable internship credits, if needed.
Pre-requisites: CN 685; permission of program director. (3 credits, 8 weeks)

CN 695  COUNSELING INTERNSHIP IV
Repeatable internship credits, if needed.
Pre-requisites: CN 690; permission of program director. (3 credits, 8 weeks)