

## **Bachelor of Science in Psychology and Human Services (BPHS)**

The Bachelor of Science in Psychology and Human Services (BSPHS) equips students with the knowledge, skills, and experience they need for working in social agencies, churches, and other settings, as well as preparing students to enter graduate programs in psychology, counseling, and social work. This curriculum will engage a course of study that focuses on psychological theories and research about human behavior and psychological processes with an emphasis on developing and implementing skills for helping individuals and families face the challenges of our present society.

### **Requirements for the BPHS Degree**

#### **√ Degree Component**

\_\_\_\_ Completion of the Bachelor General Education Core (57 credits)

\_\_\_\_ MT 122, PY 201 and SC 204 are required in the Gen-Ed

\_\_\_\_ Completion of the General Education Competencies

\_\_\_\_ Completion of the BPHS prerequisites

\_\_\_\_ Completion of the BPHS Courses (42 credits)

\_\_\_\_ Completion of the bachelor of science electives (12 credits)

\_\_\_\_ Completion of required electives (~15 credits)

\_\_\_\_ Completion of the ACAT exam

\_\_\_\_ Completion of 126 credit hours (two terms and 32 credit hours must be completed at Montreat College)

### **BPHS Prerequisite Courses**

Most 300+ level Psychology (and PY/HU) classes require a prerequisite of introductory psychology, which must be met by successful completion of one of the following (minimum grade of C):

- PY 201 Psychology Applied to Modern Life
- PY 202 General Psychology
- Equivalent introductory psychology course from a regionally accredited college or university (official transcript showing proof must be submitted to the Office of Records and Registration)

### **12 Bachelor of Science Credits**

Students pursuing a Bachelor of Science degree must complete an additional 12 hours beyond the General Education Core and major requirements in mathematics, science, business, computer, or other designated coursework as listed in the degree requirements for each program of study. This coursework may not be applied to the General Education Core, the major, or any major concentration requirements.

If students take a full-time load each term, they could complete this program in four years.

**Bachelor of Science in Psychology and Human Services Courses**

<b>Course</b>	<b>Title</b>	<b>Hrs.</b>	<b>Wks.</b>
IS 310	Pre-Internship	3	5
PY/HU 300	Child and Adolescent Development	3	5
PY/HU 305	Adult Development and Aging	3	5
PY 310	Research Methods	3	5
PY 314	Personality	3	5
PY/HU 315	Abnormal Psychology	3	5
PY 320	Social Psychology	3	5
PY/HU 412	Theories and Principles of Counseling	3	5
PY 416	Learning and Memory	3	5
PY/HU 441	Internship	3	10
PY 490	Senior Seminar	3	5
SC 205	Marriage and Family	3	5
SC 311	Social Welfare and Social Services	3	5
SC 414	Counseling Adolescents and Families	3	5
<b>TOTAL</b>		<b>42</b>	<b>75</b>

**PY 201S Psychology Applied to Modern Life**

This course offers majors and non-majors an opportunity to apply knowledge from psychology to practical problems. It provides students with an overview of the theory and research in psychology that is related to the demands and challenges of everyday life. Students examine issues that affect their own adjustment to modern life. The following topics will be addressed: stress, physical health, love relationships, gender, communications, self, personality, work, and development. *Students who earn credit for PY 201 may not earn credit for PY 202. Social science credit.* (3 credits, 5 weeks)

**PY 202P General Psychology**

This course is a basic survey of the discipline of psychology: the science of behavior and mental processes. We will examine the physiological, intellectual, emotional, and social aspects of human behavior and look at the applications of psychological theory and research to daily living. *Students who earn credit for PY 202 may not earn credit for PY 201. Social science credit.* (3 credits, 5 weeks)

**PY/HU 300S Child and Adolescent Development**

An overview of the physiological, cognitive, psychosocial, and spiritual aspects of development from conception through age 18. *Prerequisite: PY 201S or PY 202P and a minimum of sophomore standing.* (3 credits, 5 weeks)

**PY/HU 305S Adult Development and Aging**

An overview of the physical, cognitive, social, spiritual, and emotional aspects of adult development. *Pre-requisites: PY 201S or PY 202P and a minimum of sophomore standing.* (3 credits, 5 weeks)

**PY 310S Research Methods**

This course is designed for upper level undergraduate students majoring in human services and psychological studies. The course will provide an introduction to research methodology and a basic framework to critically evaluate social and behavioral science research. You will be exposed to and tested on the major concepts and methods for generating hypotheses and designing a multi-measure study. This course should enable you to evaluate more critically the claims of "experts" in the popular press as well as in the scientific literature. It will also serve as preparation for graduate-level research. *Pre-requisite: PY 201S or PY 202P.* (3 credits, 5 weeks)

**PY 314S Personality**

Basic principles of personality structure, dynamics, development, assessment, and theory are discussed. Consideration is given to both the environmental and biological determinants of personality. *Pre-requisite: PY 201S or PY 202P.* (3 credits, 5 weeks)

**PY/HU 315S Abnormal Psychology**

A survey of the current categories of abnormal behavior emphasizing symptoms, major theories of causality, and current treatment methods. *Pre-requisite: PY 201S or PY 202P.* (3 credits, 5 weeks)

**PY 320S Social Psychology**

The study of the behaviors and thoughts of individuals as influenced by actual or perceived social factors and other individuals. *Pre-requisites: PY 201S or PY 202P.* (3 credits, 5 weeks)

**PY/HU 412S Theories and Principles of Counseling**

An examination of several of the major theories of counseling in working with individuals, families, and small groups. Included are principles and techniques utilized in assessment, crisis intervention, contracts, and development of the therapeutic relationship. A skills component is also included. *Pre-requisite: PY 201S or PY 202P.* (3 credits, 5 weeks)

**PY/HU 416 Learning and Memory**

This course provides a basic overview of the principles, theories and applications of learning and memory. We will cover basic research, theory and applications in human learning, memory, information processing, verbal learning, conditioning and social learning. The knowledge you take away from this course will be useful to you in a wide variety of settings- not only psychology but also in your own personal and professional worlds. *Pre-requisite: PY 201S or PY 202P.* (3 credits, 5 weeks)

**PY/HU 441S Internship**

Supervised internship provides the student with the opportunity to integrate classroom instruction with practical on-the-job learning in various areas of psychology related fields. *Pre-requisites: IS 310S and all other major courses besides PY 490S.* (3 credits, 10 weeks)

**PY/HU 490S Senior Seminar**

Examines the themes of authenticity, self-actualization, and the application of psychological theory in order to explore major Christian worldview questions (what is success in life, how do I become more Christ like, etc.). *Pre-requisite: All other major courses.* (3 credits, 5 weeks)