



School of Arts and Sciences

**Bachelor of Science in Exercise Science  
Pre-Professional Concentration**

**Four Year Plan for Transfer Student with A.A. Degree**

**Community College Freshman**

First Semester		Second Semester	
ACA 122 College Transfer Success	1	ENG 112 Writing/Research in the Disc	3
ENG 111 Writing & Inquiry	3	BIO 112 General Biology II	4
BIO 111 General Biology I	4	CIS 110 Intro to Computers	3
ART/MUS/ENG/PHI (GEN ED Humanities/Fine Arts)	3	ART/MUS/ENG/PHI (GEN ED Humanities/Fine Arts)	3
MAT 171 Precalculus Algebra	4	ECO 151/152, POL 120, PSY 150, SOC 210 (GEN ED)	3
	<b>15</b>		<b>16</b>

**Community College Sophomore**

Third Semester		Fourth Semester	
COM 231 Public Speaking (GEN ED Communication)	3	ENG Literature (GEN ED)	3
HIS 111 World Civilizations I	3	HIS 112/131/132 World Civ II or American History	3
BIO 165 Anatomy & Physiology I	4	BIO 166 Anatomy & Physiology II	4
CHM 151 General Chemistry I	4	ART/MUS/ENG/PHI (GEN ED Humanities/Fine Arts)	3
PED Activity Course	1	PED Activity Course	1
	<b>15</b>		<b>14</b>

**Earn Associate in Arts in College Transfer**

**Montreat College Junior**

Fall Semester		Spring Semester	
IS 200 Seminar on Faith and Learning	1	BB 102 Survey of New Testament	3
BB 101 Survey of Old Testament	3	PE 201 Concepts of Fitness	2
EX 201 Intro to Exercise Science	3	EX 341 Practicum	3
IS 310 Pre-Internship	1	EX 330 Kinesiology and Biomechanics	4
HL 101 Health	3	BL 315 Cell Biology	4
EX 310 Physiology of Exercise	3		
EX 320 Exercise Testing and Measurement	3		
	<b>17</b>		<b>16</b>

**Montreat College Junior Summer**

EX 441 Internship I			<b>3</b>
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**Montreat College Senior**

Fall Semester		Spring Semester	
BL 220 Medical Terminology	1	IS 461 Seminar on Faith & Life	2
HL 201 Human Nutrition	3	BL 301 Biometrics	3
EX 340 Exercise Prescription	3	PE 424 Facility Plannign for PE, Recreation, & Athletics	3
CH 320 Organic Chemistry I	3	EX 490 Senior Seminar	3
BL 404 Microbiology	4	CH 322 Organic Chemistry I Lab	2
PC 131 College Physics (offered every other year)	4		
	<b>18</b>		<b>13</b>

*Completion of the Major Field Test by the end of the Senior Year*

TOTAL Degree Hours: **127**