Course Descriptions

PY 201  Psychology Applied to Modern Life
This course offers majors and non-majors an opportunity to apply knowledge from psychology to practical problems. It provides students with an overview of the theory and research in psychology that is related to the demands and challenges of everyday life. Students examine issues that affect their own adjustment to modern life. The following topics will be addressed: stress, physical health, love relationships, gender, communications, self, personality, work, and development. Three credits, five weeks.

PY 300  Child and Adolescent Development
An overview of the physiological, cognitive, psychosocial, and spiritual aspects of development from conception through age 18. Three credits, five weeks.

PY 305  Adult Development and Aging
An overview of the physical, cognitive, social, spiritual, and emotional aspects of adult development. Three credits, five weeks.

PY 310  Research Methods
This course is designed for upper level undergraduate students majoring in human services and psychological studies. The course will provide an introduction to research methodology and a basic framework to critically evaluate social and behavioral science research. You will be exposed to and tested on the major concepts and methods for generating hypotheses and designing a multi-measure study. This course should enable you to evaluate more critically the claims of “experts” in the popular press as well as in the scientific literature. It will also serve as preparation for graduate-level research. Three credits, five weeks.

PY 314  Personality
Basic principles of personality structure, dynamics, development, assessment, and theory are discussed. Consideration is given to both the environmental and biological determinants of personality. Three credits, five weeks.

PY 315  Abnormal Psychology
A survey of the current categories of abnormal behavior emphasizing symptoms, major theories of causality, and current treatment methods. Three credits, five weeks.

SC 311  Social Welfare and Social Services
This course is a survey of the history and philosophy of social welfare and the values and practice of social services as a profession. Three credits, five weeks.

PY 320  Social Psychology
The study of the behaviors and thoughts of individuals as influenced by actual or perceived social factors and other individuals. Three credits, five weeks.

PY 412  Theories and Principles of Counseling
An examination of several of the major theories of counseling in working with individuals, families, and small groups. Included are principles and techniques utilized in assessment, crisis intervention, contracts, and development of the therapeutic relationship. A skills component is also included. Three credits, five weeks.

SC 414  Counseling Adolescents & Families
This course examines several of the major theories of counseling families. Working with adolescents within the context of their families will be given special consideration. The skills of counseling adolescents and families will also be emphasized. Three credits, five weeks.

IS 310  Pre-Internship
The purpose of this course is to prepare students for the practicum/internship experience. Topics included are internship selection, making the most of the internship, resume building, and facing internship challenges. Three credits, five weeks.

PY 441  Internship
Supervised internship provides the student with the opportunity to integrate classroom instruction with practical on-the-job learning in various areas of psychology related fields. This course is normally taken in the summer after the junior year. Three credits, five weeks.

PY 490  Senior Seminar
Examines the curricular themes of epistemology, human nature, and application of psychological theory in order to answer major Christian worldview questions (what is success in life, how do I become more Christ like, etc.). Three credits, five weeks.